RECREATION RESOURCE GUIDE

CONTACT INFORMATION AND DESCRIPTIONS OF ORGANIZATIONS IN THE AREAS OF

RECREATION

LEISURE SPORTS

TRAVEL SUMMER CAMPS VACATION

ADAPTIVE EQUIPMENT GOVERNMENT AGENCIES

INCLUSION PROGRAMS AND MODELS

Project Funded By:
The Administration on Developmental Disabilities (ADD)
And
The National Association of Councils on Developmental Disabilities (NACDD)
Through:
The Mississippi Council on Developmental Disabilities

Research and Compilation of Resources
By
Joseph L. Parker
M.S. Recreation Administration
Summit, Mississippi

DEDICATED TO

THOSE WHO STRIVE TO ENJOY THE RECREATIONAL FREEDOM AND SPIRIT THAT DWELLS WITHIN US ALL.

LIFE IS A CONTINUOUS SERIES OF CHOICES.

MAY WE ALL HAVE THE FREEDOM AND OPPORTUNITY

TO CHOOSE

OUR OWN DIRECTION

AND MEANS OF PURSUING

OUR OWN DREAMS AND SELF-DETERMINED GOALS.

CREATED MARCH 2005

INTRODUCTION

In doing the research for this resource guide, I was excited to find the overwhelming amount of information that was readily available for people with developmental and other disabilities. I would like to give a special thanks to Susan Madison, Technical Assistance Project Manager for the National Association of Councils on Developmental Disabilities and Ed Butler, Executive Director for the MS Council on Developmental Disabilities for their support and assistance during the research and completion of this resource guide.

This resource guide is intended to assist people with disabilities in locating useful information about services and opportunities that exist around the United States. While this guide may not include every organization that works with people with disabilities, it does contain a strong base of contacts that covers a wide variety of areas including sports, recreation, and leisure organizations; governmental agencies and national associations; support and advocacy groups; and private businesses.

The main goal for this resource guide is to provide **CHOICE.** All too often people with disabilities must choose from a pre-established set of options if they wish to participate in an activity. This resource guide contains the names and contact information of organizations and businesses that are providing choices for most all areas of sports, recreation, and leisure. Information about the State Councils on Developmental Disabilities' "Positive and Best Practices" is also listed along with their contact information to assist people with disabilities in their respective states.

These resources provide information that will also be useful to service providers, policymakers, and advocacy groups who wish to promote and demonstrate inclusive recreation practices in their organizations and daily activities. The inclusive leisure/recreation models in this guide can be replicated by other agencies across the United States and may be included on the university level in recreation and therapeutic programs.

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~Joseph L. Parker

Joseph L. Parker, Deputy Director City of McComb Department of Recreation P.O. Box 667 McComb, MS 39649

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Search Options for Microsoft Word Users

To find a key word in this document, press **Control F** to initiate a document search option. Once the **Find Box** appears, type in the key word you are attempting to find and press **Find.**

Example: 1. Control F

- 2. Florida
- 3. Find

The search tool will automatically search for the word Florida throughout the document.

DEVELOPMENTAL DISABILITY:

- (A) IN GENERAL The term 'developmental disability' means a severe, chronic disability of an individual that:
 - i. is attributable to a mental or physical impairment or combination of mental and physical impairments;
 - ii. is manifested before the individual attains age 22;
 - iii. is likely to continue indefinitely;
 - iv. results in substantial functional limitations in three or more or the following areas of major life activity:
 - (I) Self-care;
 - (II) Receptive and expressive language;
 - (III) Learning;
 - (IV) Mobility;
 - (V) Self-direction;
 - (VI) Capacity for independent living; and
 - (VII) Economic self-sufficiency; and
 - v. reflects the individual's need for a combination and sequence of special, interdisciplinary, or generic services, individualized supports, or other forms of assistance that are of lifelong or extended duration and are individually planned and coordinated.
- (B) INFANTS AND YOUNG CHILDREN- An individual from birth to age 9, inclusive, who has a substantial developmental delay or specific congenital or acquired condition, may be considered to have a developmental disability without meeting 3 or more of the criteria described in clauses (i) through (v) of subparagraph (A) if the individual, without services and supports, has a high probability of meeting those criteria later in life.

Source: Developmental Disabilities Assistance and Bill of Rights Act (DD Act) of 2000 (P.L. 106-402).

People First Language

Language is power. Our words have the power to inspire, motivate, and uplift people. They also have the power to hurt, isolate and oppress individuals or entire segments of society. Often times, throughout our history, it has become necessary to change our language and the way in which we refer to individuals and groups to avoid further oppressing those members of society. The time has come to reshape our language once again so that we may refer to people with disabilities and the disability community in a respectful and inclusive manner.

Choosing to Use People First Language

Generally, in choosing words about people with disabilities, the guiding principle is to refer to the person first, not the disability. In place of saying "the disabled," it is preferable to say "people with disabilities." This way, the emphasis is placed on the person, not the disability.

It is only important to refer to the person's disability if it is relevant to the conversation or situation. Disability should not be the primary, defining characteristic of an individual but merely one aspect of the whole person.

Why Should You Use People First Language?

People who have disabilities are present in every aspect of society. They are:

- moms and dads
- sons and daughters
- employees and employers
- scientists (Stephen Hawking)
- friends and neighbors
- movie stars (Marlee Matlin)
- students and teachers

Most importantly, they are *people first*.

Examples of People First Language:

Many labels used for disabilities in our society have negative connotations or are misleading. Using labels contributes to negative stereotypes and devalues the person they attempt to describe. Avoid them when speaking to, or about, persons with disabilities.

The following terms **should be avoided** when speaking to or about people with disabilities:

- invalid
- wheelchair-bound
- mongoloid
- deaf and dumb
- defective
- mute
- victim
- crippled
- special person
- suffers from
- handicapped
- stricken with
- a patient
- retarded
- afflicted with
- handicapped

Making the Change to People First Language:

- "handicapped" or "disabled" should be replaced with "people with disabilities"
- "the handicapped" or "the disabled" should be replaced with "people who have disabilities"
- "he/she is wheelchair bound" or "he/she is confined to a wheelchair" should be replaced with "he/she uses a wheelchair"
- "he/she has a birth defect" should be replaced with "he/she has a congenital disability"
- "handicapped" in reference to parking, bathrooms, rooms etc. should be replaced with "accessible"
- "he/she is retarded or MR" should be replaced with "he/she has a cognitive disability or mental retardation"

General Guidelines for Talking about Disability:

- 1. Do not refer to a person's disability unless it is relevant to the conversation.
- 2. Use the word "disability" rather than "handicap" to refer to a person's disability. Never use "cripple/crippled" in any reference to a disability.
- 3. When referring to a person's disability, use "People First Language."
- 4. Avoid referring to people with disabilities as "the disabled, the blind, the epileptics, the retarded." Descriptive terms should be used as adjectives, not as nouns.
- 5. Avoid negative or sensational descriptions of a person's disability. Don't say "suffers from, a victim of, or afflicted with." These portrayals elicit unwanted sympathy, or worse, pity toward individuals with disabilities. Respect and acceptance is what people with disabilities prefer.
- 6. Don't use "normal" or "able-bodied" to describe people who do not have disabilities. It is better to say "people without disabilities," if necessary to make comparisons.

STATE COUNCILS ON DEVELOPMENTAL DISABILITIES

"Positive and Best Practices"

Recreation and Leisure Programs

Under Part B of The Developmental and Disabilities Assistance and Bill of Rights Act, the State Councils on Developmental Disabilities program provides financial assistance to each State to support the activities of a Developmental Disabilities Council in that State. Councils are uniquely composed of individuals with significant disabilities, parents and family members of people with developmental disabilities, and representatives of State agencies or private/non-profit entities that provide services and supports to individuals with developmental disabilities. Together, this group of individuals develops and implements a statewide plan to address the Areas of Emphasis defined in the Developmental Disabilities Assistance and Bill of Rights Act.

The emphasis of the Councils is to increase the independence, productivity, inclusion and integration into the community of people with developmental disabilities, through a variety of systemic change, capacity building, and advocacy activities on their behalf, including development of a State Plan, which lays out activities for demonstration of new approaches to enhance their lives; training activities; supporting communities to respond positively; educating the public about their abilities, preferences, and needs; providing information to policy-makers to increase their opportunities; and eliminating barriers.

The following is a list of the nine "Areas of Emphasis" as defined by the Administration on Developmental Disabilities that receive funding from ADD through the State Councils.

AREAS OF EMPHASIS

- 1. Quality Assurance Activities
- 2. Education and Early Intervention Activities
- 3. Child Care Activities
- 4. Health Related Activities
- 5. Employment Related Activities
- 6. Transportation Related Activities
- 7. Housing Related Activities
- 8. Recreation Related Activities
- 9. Formal and Informal Community Supports

State Councils not included in the following list simply did not have any grants designated to recreation related activities at this time. They may have sponsored recreation related activities in the past and/or will sponsor them in the future as those opportunities present themselves.

The following list includes the Council's Executive Director, their E-mail address, and a brief description of one or two of their "Positive and Best Practices" and programs that currently exist in their state as a result of funding from each state's respective Council.

Delaware Developmental Disabilities Council

Pat Maichle, Executive Director E-mail: pat.maichle@state.de.us

"Can Do Playground" This is a playground project funded by the Council with the Wilmington Delaware Area Rotary Clubs and several other organizations to build a totally accessible and inclusive playground using a national model called the <u>Boundless Playground</u>. For more information, contact A. Hughlett Kirby, hkirby@wilmingtontrust.com phone: 302-651-8946.

"Disabilities Ball" The purpose of this project was to give people with disabilities the opportunity to enjoy an inclusive social event in a formal environment. The evening included music, a buffet dinner, and the crowning of a king and queen for the ball. For more information, contact Larry Henderson, lhenderson@independentresources.org phone: 302-798-7424.

Idaho Council on Developmental Disabilities

Marilyn Sword, Executive Director E-Mail: renright@icdd.state.id.us

The Idaho Council on Developmental Disabilities joined in an already underway effort to construct Idaho's first universally accessible playground. Staff has served on the planning committee for about three years and this past summer with the help of 300 plus volunteers we erected "The Grand Voyage", which is the mainstay of Phase I of the 1.2 million dollar project. For more information, contact Ron Enright, renright@icdd.state.id.us, or visit the web site www.adventureislandplayground.org.

Illinois Council on Developmental Disabilities

Sheila Romano, Ed.D., Executive Director E-mail: sromano@mail.state.il.us

"Friendships Through Recreation" In a small town in central Illinois, individuals with developmental disabilities began participating in community recreation and in the process began developing friendships. The key to this project was developing a training curriculum for staff of a not-for-profit organization and teaching them how to be "people connectors" within their community.

"Integration into Public Recreation Programs" Through a collaboration of a Special Recreation Association and local Recreation Programs in a suburban area of Chicago, a training program was developed that helped staff of the public recreation programs feel more secure in their abilities to include school age students in public recreation. The key to this collaboration was to provide information about developmental disabilities as well as strategies and techniques that are effective in working with folks with disabilities. By providing information and strategies, public recreation staff felt more confident and less timid in providing programs for all students.

Louisiana Developmental Disabilities Council

Sandee Winchell, Executive Director E-mail: swinchel@dhh.la.gov

"Leisure Is For Everyone" The Louisiana Developmental Disabilities Council is providing funding for a collaborative effort between Arc-Iberia and the New Iberia Recreation Department to design and implement a model demonstration program that will offer inclusive recreational opportunities to persons with developmental disabilities in Iberia Parish. The project provides training and technical support to personnel at the Recreation Department. This is a three-year project that has recently completed the first year. The New Iberia Recreation Department has made several significant improvements in the physical accessibility of its recreation sites, including modification of baseball field bleachers with cutouts for wheelchairs and widening dugout doors and dugouts. In addition, accessible doors were installed in both entrances to the New Iberia Community Center. So far, twenty-one individuals with disabilities are now regular participants in recreation activities in their community. For more information, contact Tammy LeBlanc at 337-367-6813 ext. 12 or at tammyl@arcofiberia.org.

Maryland Developmental Disabilities Council

Brian Cox, Executive Director E-mail: brianc@md-council.org

"Terrific Teens at Kamp A-Kom-Plish Inclusive Summer Camp Project" The Terrific Teens Program at Kamp-A-Kom-Plish, provided job training and work experience to youth with and without disabilities who were interested in becoming camp counselors and other types of summer camp employees. Melwood also provided assistance to Patuxent 4-H Center and YMCA Camp Letts in serving campers with mild disabilities. As a result of its presentation at the National American Camping Association Conference and article in "Camping Magazine," the project has received numerous requests from mainstream camps that are interested in learning more about inclusive camping practices. A handbook entitled "Terrific Teens! Inclusive Leadership Training for Teens with and Without Disabilities" was developed. For more information, visit www.kampakomplish.org or contact Joanne McDonald at 301-870-6722.

Minnesota Governor's Council on Developmental Disabilities

Colleen Wieck, Executive Director E-mail: Colleen.Wieck@state.mn.us

"Leadership for Empowerment" A program serving junior high youth with and without developmental disabilities. It's Mission: To encourage self-determination among youth of varying abilities to become full contributing members in the social, economic, political, and spiritual life of their community. For more information, contact Polly Harrison, Project Director / Youth Development Specialist, phone: 612-544-7708.

Mississippi Council on Developmental Disabilities

Edwin Butler, Executive Director E-mail: ed.butler@dmh.state.ms.us

"Inclusive Recreation" The Mississippi Council invested a significant amount of money, time and other resources in the Recreation Area of Emphasis during the past three years. Dr. Rick Green, Professor at the University of Southern Mississippi, has become "the leader" by developing inclusive recreation models for people with developmental disabilities in community services and supports throughout the state. He taught inclusive recreation strategies to the rapeutic recreators and direct support professionals, during an earlier Council initiative. His "Concept of Inclusion" is expressed as a continuum of levels. Participation in age appropriate, satisfying leisure activities is the first level. Level two is when people make choices and decisions about leisure activities. In level three, participants achieve "flow", whereby their leisure creates immense personal satisfaction. In level four individuals become participating and accepted members of their communities. And finally, in level five individuals become contributing and valued members of their community. Dr. Green's present Council initiative (Promoting System Changes within Community Park and Recreation Programs) is to develop an inclusive model in a city park and recreation department that can be replicated by other municipal park and recreation services throughout the state and nation. For more information about the Recreation Inclusion initiative funded by the Mississippi Council on Developmental Disabilities, contact Dr. Rick Green at 601-266-5576 or email him at rick.green@usm.edu.

"The Bear Creek Fitness Circuit" is a model outdoor fitness site that offers opportunities for people with and without disabilities to increase their level of fitness. This unique group of outdoor equipment has been carefully selected and arranged according to principals of universal use to have the broadest appeal and ease of use. When completed in September, 2005, people with and without disabilities will be able to access the circuit which includes low-impact aerobic activities as well as exercises designed to increase strength and range-of-motion. Another attraction being developed in collaboration with the Garth Brooks Foundation is an accessible tree-house. Both are located on the oak-laden, beachfront campus of the University of Southern Mississippi in Long Beach, Mississippi: the home of the Technology Learning Center. For more information, you may contact Ms. Anita Kegley at 228-867-2636 or email her at anita.kegley@usm.edu.

New Hampshire Developmental Disabilities Council

Gordon Allen, Executive Director E-mail: wgallen@dhhs.state.nh.us

Upcoming Project: The purpose of this project is to offer an inclusive parent/child playgroup at least two half-days a week at an accessible public location. The program is designed for children in the birth-to-five age group including children with developmental disabilities. For more information, contact the NHDDC, phone: 603-271-3236.

New York Council on Developmental Disabilities

Sheila Carey, Executive Director E-mail: scarey@ddpc.state.ny.us

"Summer Evening Program" The "Summer Evening Program" was a school-based evening program for middle school students both with and without disabilities between the ages of 12-16. The program operated for six weeks and included activities such as Karate, drama, swimming and other sports. The program also conducted a series of "field trips" to other community activities. Every Friday the project held a family night to promote family involvement. Lourdes Youth Services developed a training manual on inclusive practices and how to make appropriate activity modifications. For more information, contact Bette Gifford at Lourdes Youth Services, phone: 607-584-4570.

"Our Garden Club" "Our Garden Club" is a drop-in library program serving youth with and without disabilities between the ages of 5-21. The model provides literature-based garden activities at two branch libraries. Program activities consist of reading books, gardening, and making crafts. A program curriculum, which highlights inclusive activities, adaptations, and gardening resources, is available for families. A video about the gardening program was produced to recruit new children and families. For more information, contact Carrie Banks at the Brooklyn Public Library, phone: 718-253-4948.

Rhode Island Developmental Disabilities Council

Marie Citrone, Executive Director E-mail: riddc@riddc.org

The RIDDC produces an Annual Recreation Guide that features many programs in RI and some in the New England region. For more information about the guide and how to receive a copy, visit their website at www.riddc.org.

South Carolina Developmental Disabilities Council

Charles Lang, Executive Director E-mail: clang@govoepp.state.sc.us

"Leadership Recreation Social Inclusion Program for Individuals with Disabilities" Pickens County Disabilities and Special Needs Board along with Clemson University and other Piedmont Region DSN Boards will develop and operate innovative

Leadership/Recreation Social Inclusion programs for 400 individuals with disabilities. For more information, contact Don Shockley, phone: 864-859-5416.

South Dakota Council on Developmental Disabilities

Arlene Poncelet, Executive Director E-mail: arlene.poncelet@state.sd.us

"Friends" To provide/enhance continuing education experiences and social activities for adults with developmental disabilities. For more information, contact Linda Hallstrom, Community Relations Supervisor, Community Education Office, Sioux Falls School District, phone: 605-367-8495.

"Buddy Program" Volunteer/mentorship program to assist boys with developmental disabilities in participating in Boys Club activities. For more information, contact Cindy Lloyd, Director of Individual Services, Rapid City Club for Boys, Inc., phone: 605-343-3500.

Texas Council for Developmental Disabilities

Roger Webb, Executive Director E-mail: Roger.Webb@tcdd.state.tx.us

"National Scuba Diving Curriculum/Inclusion of Divers with Disabilities" A 3 year grant (9/15/01 - 05/31/04) was provided to the Aquatics Unlimited Foundation under a New Initiatives Request for Proposals from the Texas Council for Developmental Disabilities. Aquatics Unlimited uses training and technology to provide in-water skills development and recreational activities for individuals with and without disabilities. Benefits for participants include: physical conditioning, recreation, and opportunities to meet new people and have fun. Aquatics Unlimited bases its proactive curriculum on inclusionary philosophies and designs training programs to accommodate each individual's abilities. This project promoted the successful adoption of the Adaptive Self-Contained Underwater Breathing Apparatus (SCUBA) card by NAUI, one of the two leading SCUBA policy-making and regulatory associations. This card allows for the participation in the sport of SCUBA diving for people previously excluded because of the inability to complete particular certification requirements. For over ten years they have successfully provided training, funding and facility usage to individuals with disabilities and they actively support an adaptive SCUBA club for divers with disabilities. Project Director Glenn McFarland can be contacted by phone at 512/653-7730 or e-mail: Glenn@aquaticsunlimited.org

Vermont Developmental Disabilities Council

Karen Schwartz, Executive Director E-mail: <u>kschwartz@ahs.state.vt.us</u>

"Partners in Adventure Camp" Offers fully inclusive and accessible summer and vacation camps for youth 12 to 21, partnering disabled and non-disabled young people for social and recreational experiences. Activities include biking, horseback riding,

sailing, fencing, swimming, tennis, yoga, hip hop dancing, skiing, ice fishing, dog sledding and more. PIA is also supported by area recreation departments and organizations. For more information, contact Deborah Lamden, phone: 802-425-2638, or visit their website at www.partnersinadventure.org.

"Vermont Adaptive Ski and Sport" This program is designed to increase sports participation for people with disabilities. VASS offers a biking program, accessible canoe program, indoor rock climbing, hiking outings, therapeutic and adaptive horseback riding, and winter ski and snowboard programs. For more information, contact Erin Fernandez, phone: 802-786-4991 or visit their website at www.vermontadaptive.org.

Washington Council on Developmental Disabilities

Ed Holen, Executive Director E-mail: edh@cted.wa.gov

"One 2 One Community Inclusion Project" The one 2 one project matches trained youth peer mentors with a child or teen with a disability, enabling the pair to participate in recreational, social, and community activities and services. For more information, contact Tracie Day at tracie.day@yvmh.org.

"VSA Arts" VSA Arts of Washington Artist Unlimited community classes provide inclusive art classes for people with disabilities. For more information, contact Dan Schmitt at dans@vsaaw.org.

For more information about these projects and others that may not be listed, contact your state's Council on Developmental Disabilities or visit their website to find out how they can further assist you.

A complete listing of all the Councils on Developmental Disabilities begins on page 13 of this Resource Guide.

State Councils on Developmental Disabilities

The Developmental Disabilities Assistance and Bill of Rights Act (DD Act) states that the purpose of State Councils is to "engage in advocacy, capacity building, and systemic change activities that are consistent with the purpose of the DD Act and; contribute to a coordinated, consumer and family-centered, consumer and family-directed, comprehensive system of community services, individualized supports and other forms of assistance that enable individuals with developmental disabilities to exercise self-determination, be independent, be productive and be integrated and included in all facets of community life."

ALABAMA

Alabama State Council for DD RSA Union Building 100 North Union Street Post Office Box 301410 Montgomery, AL 36130-1410

Phone: (334) 242-3973 Toll Free: (800) 846-3735 FAX: (334) 242-0797

Web Page: http://www.acdd.org

Executive Director: Myra Jones E-Mail: mjones@mh.state.al.us

ALASKA

Governor's Council on Disabilities And Special Education 3601 C Street, Suite 740 (physical address) P.O. Box 240249 (mailing address) Anchorage, AK 99524-0249

Phone: (907) 269-8990 FAX: (907) 269-8995

Web Page: http://www.hhs.state.ak.us/gcdse/ak_cdse.html

Executive Director: Millie Ryan

E-Mail: millie_ryan@health.state.ak.us

AMERICAN SAMOA

American Samoa Developmental Disabilities Council P.O. Box 194 Pago Pago, AS 96799 Phone: (011-684) 633-5908 FAX: (011-684) 633-2919

E-Mail: council@samoatelco.com

Executive Director: Henry Sesepasara E-Mail: council@samoatelco.com

ARIZONA

Governor's Council on Developmental Disabilities 1717 West Jefferson Street Rm. 112, Site Code 074Z Phoenix, AZ 85007

Phone: (602) 542-4049 Toll Free: (800) 889-5893 FAX: (602) 542-5320 E-Mail: gcdd@azdes.gov

Web Page: http://www.azdes.gov/gcdd

Executive Director: Jami Snyder E-Mail: jsnyder@azdes.gov

ARKANSAS

Governor's Developmental Disabilities Planning Council Freeway Medical Tower 5800 West 10th, Suite 805 Little Rock, AR 72204

Phone: (501) 661-2589 TDD: (501) 661-2736 FAX: (501) 661-2399

Web Page: http://www.ddcouncil.org

Executive Director: Wilma Stewart E-Mail: wstewart@healthyarkansas.com

CALIFORNIA

California State Council on Developmental Disabilities 1507 21st Street, Suite 210 Sacramento, CA 95814

Phone: (916) 322-8481 TDD: (916) 324-8420

FAX: (916) 443-4957

Web Page: http://www.scdd.ca.gov

Executive Director: Judy McDonald E-Mail: <u>Judy.mcdonald@scdd.ca.gov</u>

COLORADO

Colorado Developmental Disabilities Council 3401 Quebec St., Suite 6009 Denver, CO 80207

Phone: (720) 941-0176 FAX: (720) 941-8490

Web Page: http://www.www.coddc.org

Executive Director: Marcia Tewell E-Mail: Marcia.tewell@state.co.us

COMMONWEALTH OF THE NORTHERN MARIANA ISLANDS

CNMI Governor's Council on Developmental Disabilities

P.O. Box 502565

U.S. Northern Marianas Islands

Saipan, MP 96950-2565 Phone: (670) 664-7000 TDD: (670) 322-3014 FAX: (670) 664-7030

E-Mail: gddc@cnmiddcouncil.org

Web Page: http://www.cnmiddcouncil.org

Executive Director: Thomas J. Camacho E-Mail: teamacho@cnmiddcouncil.org

CONNECTICUT

Connecticut Council on Developmental Disabilities 460 Capitol Avenue Hartford, CT 06106-1308

Phone: (860) 418-6160 TTY: (860) 418-6172 Toll Free: (800) 653-1134 FAX: (860) 418-6003

Web Page: http://www.state.ct.us/ctcdd/
E-Mail: maggie.carr@po.state.ct.us

Executive Director: Edward T. Preneta E-Mail: ed.preneta@po.state.ct.us

DELAWARE

State of Delaware Developmental Disabilities Council Margaret M. O'Neill Building, 2nd Floor 410 Federal Street, Suite 2 Dover, DE 19901

Phone: (302) 739-3333

Toll Free: (800) 273-9500 (Out-of-state) Toll Free TDD: (800) 464-HELP (In-state)

FAX: (302) 739-2015

Web Page: http://www.state.de.us/ddc/

Executive. Director: Pat Maichle E-Mail: Pat.maichle@state.de.us

WASHINGTON, DC

D.C. Developmental Disabilities Council 64 New York Avenue, N.E. Room 6161 Washington, D.C. 20002

Phone: (202) 671-4490 TDD: (202) 671-4491

Executive Director: Mary Brown E-Mail: mbrown@dhs.dcgov.org

GOV'T OF FEDERATED STATES OF MICRONESIA

Gov't of Federated States of Micronesia Department of Education Palikir, Pohnpei, FM 96941

Phone: (691) 320-2609 FAX: (691) 320-5500

Executive Director: Yosiro Suta

FLORIDA

Florida DD Council 124 Marriott Drive, Suite 203 Tallahassee, FL 32301-2981

Phone: (850) 488-4180 TDD: (850) 488-0956 Toll Free: (800) 580-7801 FAX: (850) 922-6702

Web Page: http://www.fddc.org

Executive Director: Debra Dowds E-Mail: debrad.fddc@nettally.com

GEORGIA

Governor's Council on Developmental Disabilities for Georgia 2 Peachtree St., NW, #8-210 Atlanta, GA 30303

Phone: (404) 657-2126 TDD: (404) 657-2133 FAX: (404) 657-2132

Web Page: http://www.gcdd.org

Executive Director: Eric E. Jacobson E-Mail: eejacobson@dhr.state.ga.us

GUAM

Guam DD Council 104 E Street Tiyan, GU 96913

Phone: (671) 475-9127 FAX: (671) 475-9128

E-Mail: guamddc@netpci.com

Executive Director: Joseph T. Flores

Email: guamddc@netpci.com

HAWAII

Hawaii State Planning Council on Developmental Disabilities 919 Ala Moana Blvd., Ste #113 Honolulu, HI 96814

Phone: (808) 586-8100 FAX: (808) 586-7543 E-Mail: council@hiddc.org Web Page: http://www.hiddc.org

Executive Director: Waynette K.Y. Cabral E-Mail: wkcabral@mail.health.state.hi.us

IDAHO

Idaho State Council on Developmental Disabilities 802 W. Bannock St., Suite 308 Boise, ID 83702-0280

Phone: (208) 334-3559 TDD: (208) 334-2179

Toll Free: (800) 544-2433 (Idaho only)

FAX: (208) 334-3417

Web Page: http://www2.state.id.us/icdd/

Executive Director: Marilyn Sword E-Mail: msword@icdd.state.id.us

ILLINOIS

Illinois Council on Developmental Disabilities 100 W Randolph, Suite 10-600 Chicago, IL 60601

Phone: (217) 782-9696 FAX: (217) 524-5339

Web Page: http://www.state.il.us/agency/icdd/

Executive Director: Sheila Romano E-Mail: sromano@mail.state.il.us

INDIANA

Governor's Planning Council for Developmental Disabilities 150 West Market Street Suite 628 Indianapolis, IN 46204

Phone: (317) 232-7770 FAX: (317) 233-3712

Web Page: http://www.in.gov/gpcpd/

Executive Director: Suellen Jackson-Boner

E-Mail: sjackson@gpcpd.org

IOWA

Governor's DD Council 617 E. Second Street Des Moines, IA 50309

Phone: (515) 281-9083 Toll Free: (800) 452-1936 FAX: (515) 281-9087

Web Page: http://www.state.ia.us/ddcouncil/index.html

Executive Director: Becky Maddy Harker

E-Mail: bharker@dhs.state.ia.us

KANSAS

Kansas Council on Developmental Disabilities Docking State Office Bldg. 915 S.W. Harrison, Room 141 Topeka, KS 66612-1570

Phone: (785) 296-2608 FAX: (785) 296-2861

Web Page: http://www.nekesc.org/kcdd.html

Executive Director: Jane Rhys, Ph.D.

E-Mail: jrhys@alltel.net

KENTUCKY

Kentucky Developmental Disabilities Council 100 Fair Oaks Lane, 4th FL. Frankfort, KY 40621-0001

Phone: (502) 564-7841 Toll Free: (877) 367-5332 FAX: (502) 564-9826

Web Page: http://www.kcdd.ky.gov

Executive Director: Pat Seybold E-Mail: Pat.Seybold@ky.gov

LOUISIANA

Louisiana State Planning Council on Developmental Disabilities 647 Main Street Baton Rouge, LA 70802

Phone: (225) 342-6804 FAX: (225) 342-1970

Web Page: http://www.laddc.org

Executive. Director: Sandee Winchell

E-Mail: swinchel@dhh.la.gov

MAINE

Maine DD Council Station 139 Augusta, ME 04333-0139

Phone: (207) 287-4213 FAX: (207) 287-8001

Web Page: rebecca.weinstein@maine.gov

Executive Director: Julia Bell E-mail: Julia.J.Bell@maine.gov

MARYLAND

Maryland DD Council 217 East Redwood Street Suite 1300 Baltimore, MD 21202

Phone: (410) 767-3670 FAX: (410) 333-3686

E-Mail: info@md-council.org

Web Page: http://www.md-council.org

Executive Director: Brian Cox E-Mail: Brianc@md-council.org

MASSACHUSETTS

Massachusetts DD Council 1150 Hancock Street, 3rd Floor Ouincy, MA 02169

Phone: (617) 770-7676 TDD: (617) 770-1987 FAX: (617) 770-9499

Web Page: http://www.mass.gov/mddc

Executive Director: Daniel M. Shannon E-Mail: dan.shannon@state.ma.us

MICHIGAN

Michigan D.D. Council Lewis Cass Building 6th Floor Lansing, MI 48913

Mailing Federal Express, UPS etc. use zip code - 48933 Regular mail use zip - 48913

Phone: (517) 334-6123 TDD: (517) 334-7354 FAX: (517) 334-7353

Web Page: http://www.michigan.gov/ddcouncil

Executive Director: Vendella Collins E-Mail: collinsve@michigan.gov

MINNESOTA

Governor's Council on Dev. Disabilities Minnesota Dept. of Administration 370 Centennial Office Building 658 Cedar Street St. Paul, MN 55155

Phone: (651) 296-4018 Toll Free (877) 348-0505 TDD: (651) 296-9962 FAX: (651) 297-7200

E-Mail: admin.dd@state.mn.us
Web Page: http://www.mnddc.org

Executive Director: Colleen Wieck, Ph.D E-Mail: colleen.wieck@state.mn.us

MISSISSIPPI

Council on Developmental Disabilities 1101 Robert E. Lee Building 239 North Lamar Street Jackson, MS 39201

Phone: (601) 359-1270 TDD: (601) 359-6230 FAX: (601) 359-5330

Executive Director: Edwin L. Butler E-Mail: ed.butler@dmh.state.ms.us

MISSOURI

Missouri Council for Developmental Disabilities P.O. Box 687 1706 E. Elm Street Jefferson City, MO 65102

Phone: (573) 751-8611 TDD: (573) 751-8611 Toll Free: (800) 500-7878 FAX: (573) 526-2755

Web page: http://www.mpcdd.com

Executive Director: Susan Pritchard-Green E-Mail: susan.pritchard-green@dmh.mo.gov

MONTANA

Montana DD Planning Council P.O. Box 526 Helena, MT 59624

Phone: (406) 443-4332 FAX:(406) 443-4192

Web Page: http://www.mtcdd.org

Executive. Director: Deborah Swingley

E-Mail: Deborah@mtcdd.org

NEBRASKA

Nebraska Planning Council On Developmental Disabilities Department of Health and Human Services 301 Centennial Mall, South P.O. Box 95044 Lincoln, NE 68509-5044

Phone: (402) 471-2330 TDD (402) 471-9570 FAX: (402) 471-0383

Website: http://www.hhs.state.ne.us/ddplanning/

Executive Director: Mary Gordon E-Mail: Mary.Gordon@hhss.state.ne.us

NEVADA

Governor's Council on DD 3656 Research Way Carson City, NV 89701

Phone: (775) 687-4452 TDD: (775) 687-3388 FAX: (775) 687-3292

Executive Director: Dick Weathermon E-Mail: rweathermon@dhr.state.nv.us

NEW HAMPSHIRE

New Hampshire DD Council The Concord Center, Unit 315 10 Ferry Street Concord, NH 03301-5004 Phone: (603) 271-3236

Toll Free TDD: (800) 735-2964

FAX: (603) 271-1156 E-Mail: nhddencl@aol.com

Web Page: http://www.nhddc.com

Executive Director: W. Gordon Allen E-Mail: wgallen@dhhs.state.hnh.us

NEW JERSEY

New Jersey DD Council 20 West State Street P.O. Box 700 Trenton, NJ 08625-0700

Phone: (609) 292-3745 FAX: (609) 292-7114 E-Mail: njddc@njddc.org

Web Page: http://www.njddc.org

Executive Director: Ethan B. Ellis E-Mail: Ethan.ellis@njddc.org

NEW MEXICO

New Mexico DD Council 435 St. Michael's Drive Building D Santa Fe, NM 87505

Phone: (505) 827-7590 FAX: (505) 827-7589

Website: http://www.nmddpc.com

Executive Director: Pat Putnam E-Mail: Pputnam@state.nm.us

NEW YORK

New York State DD Council 155 Washington Ave., 2nd Floor Albany, NY 12210

Phone: (518) 486-7505 TDD: (518) 486-7505 Toll Free: (800) 395-3372 FAX: (518) 402-3505

Web Page: http://www.ddpc.state.ny.us

Executive Director: Sheila M. Carey E-Mail: scarey@ddpc.state.ny.us

NORTH CAROLINA

North Carolina Council on Developmental Disabilities Suite #250 3801 Lake Boone Trail Raleigh, NC 27607

Phone: (919) 420-7901 Toll Free: (800) 357-6916 FAX: (919) 420-7917

Web Page: http://www.nc-ddc.org

Executive Director: Holly Riddle E-Mail: Holly.riddle@ncmail.net

NORTH DAKOTA

State Council on Developmental Disabilities ND Dept. of Human Services 600 East Boulevard Avenue Bismarck, ND 58505-0250

Phone: (701) 328-8953 FAX: (701) 328-8969 F. Mail: sawalt@state.nd.

E-Mail: sowalt@state.nd.us

Web Page: http://www.ndcpd.misu.nodak.edu/uapdis

Executive Director: Tom Wallner

E-Mail: sowalt@state.nd.us

OHIO

Ohio Developmental Disabilities Planning Council 8 East Long Street, 12th Floor Columbus, OH 43215

Phone: (614) 466-5205 TDD: (614) 644-5530 FAX: (614) 466-0298

Web Page: http://www.ohio.gov/ddc

Executive Director: Dave Zwyer

E-Mail: <u>David.Zwyer@dmr.state.oh.us</u>

OKLAHOMA

Oklahoma DD Council

2401 Northwest 23rd Street, Suite 74 Oklahoma City, OK 73107-2431

(Mailing Address) P.O. Box 25352 Oklahoma City, OK 73125

Phone: (405) 521-4966 TDD: (405) 521-4984 Toll Free: (800) 836-4470 FAX: (405) 521-4910

Web Page: http://www.okddc.org

Executive Director: Ann Trudgeon E-Mail: ann.trudgeon@okdhs.org

OREGON

Oregon Council on Developmental Disabilities 540 24th Place, NE Salem, OR 97301-4517

Phone: (503) 945-9942 Toll Free: (800) 292-4154 FAX: (503) 945-9947 E-Mail: ocdd@ocdd.org

Web Page: http://www.ocdd.org

Executive Director: Bill Lynch E-Mail: blynch@ocdd.org

PENNSYLVANIA

Pennsylvania DD Council 569 Forum Building Commonwealth Avenue Harrisburg, PA 17120-0001

Phone: (717) 787-6057 FAX: (717) 772-0738

Web Page: http://www.paddc.org

Executive Director: Graham Mulholland

E-Mail: gmulhollan@state.pa.us

PUERTO RICO

Puerto Rico DD Council

P.O.Box 9543 Santurce, PR 00908-0543

Phone: (787) 722-0595 FAX: (787) 721-3622 E-Mail: prced@prtc.net

Executive Director: Ethel M. Torres Arroyo

E-mail: preed@prtc.net

RHODE ISLAND

Rhode Island DD Council 400 Bald Hill Road Suite 515 Warwick, RI 02886

Phone: (401) 737-1238 FAX: (401) 737-3395 E-Mail: riddc@riddc.org

Web Page: http://www.riddc.org

Executive Director: Marie V. Citrone

E-mail: riddc@riddc.org

SOUTH CAROLINA

South Carolina DD Council 1205 Pendleton Street, Rm 453 C Columbia, SC 29201-3731

Phone: (803) 734-0465 TDD: (803) 734-1147 FAX: (803) 734-0241

Web Page: http://www.scddc.state.sc.us

Executive Director: Charles B. Lang Email: clang@govoepp.state.sc.us

SOUTH DAKOTA

South Dakota Council on Developmental Disabilities Hillsview Plaza, East Hwy 34 c\o 500 East Capitol Pierre, SD 57501-5070

Phone: (605) 773-6369 TDD: (605) 773-5990 FAX: (605) 773-5483

Web Page: http://www.state.sd.us/dhs/ddc/

Executive Director: Arlene Poncelet E-Mail: <u>Arlene.Poncelet@state.sd.us</u>

TENNESSEE

Tennessee Council on Developmental Disabilities Andrew Jackson Building 13th Floor, Suite 1310 500 Deaderick Street Nashville, TN 37243-0228

Phone: (615) 532-6615 TDD: (615) 741-4562 FAX: (615) 532-6964

Web Page: http://www.state.tn.us/cdd/

Executive Director: Wanda Willis E-Mail: wanda.willis@state.tn.us

TEXAS

Texas Council for DD 6201 East Oltorf, Suite 600 Austin, TX 78741

Texas Council for DD 4900 North Lamar Blvd. Austin, TX 78751-2399

Phone: (512) 437-5432 TDD: (512) 437-5431 Toll Free: (800) 262-0334 FAX: (512) 437-5434

E-Mail: tcdd@tcdd.state.tx.us

Web Page:http://www.txddc.state.tx.us

Executive Director: Roger A. Webb E-Mail: roger.webb@tcdd.state.tx.us

<u>UTAH</u>

Utah Governor's Council for People with Disabilities 155 South 300 West, Suite 100 Salt Lake City UT 84101 Phone: (801) 533-3965 FAX: (801) 325-3968 Toll Free: (800) 333-8824

Web Page: http://www.gcpd.org

Executive Director: Alison Lozano

E-Mail: <u>alozano@utah.gov</u>

VERMONT

Vermont DD Council 103 South Main Street Waterbury, VT 05671-0206

Phone: (802) 241-2612 FAX: (802) 241-2989

Web Page: http://www.ahs.state.vt.us/vtddc/

Executive. Director: Karen Schwartz E-Mail: kschwartz@ahs.state.vt.us

VIRGINIA

VA Board for People with Disabilities Ninth Street Office Building 202 North 9th Street, 9th Floor Richmond, VA 23219

Phone: (804) 786-0016 TDD: (800) 846-4464

Toll Free TDD: (800) 846-4464

FAX: (804) 786-1118

Web Page: http://www.vaboard.org

Executive Director: Heidi Lawyer

E-Mail: Heidi.Lawyer@VBPD.virginia.gov

WASHINGTON

Washington State DD Council P.O. Box 48314 906 Columbia Street, S.W. Olympia, WA 98504-8314

Phone: (360) 725-2870 TDD: (800) 634-4473 FAX: (360) 586-2424

Web Page: http://www.wa.gov/ddc/

Executive Director: Edward M. Holen

E-Mail: edh@cted.wa.gov

WEST VIRGINIA

West Virginia DD Council 110 Stockton Street Charleston, WV 25312-2521

Phone: (304) 558-0416 TDD: (304) 558-2376 FAX: (304) 558-0941

Web Page: http://www.wvddc.org/

Executive Director: Steve Wiseman E-Mail: swiseman@wvdhhr.org

Chair:

Laura Helems

E-Mail: helemsl@kvinet.com

WISCONSIN

Wisconsin Council on DD 201 W. Washington Ave, Suite 110 Madison, WI 53703-2796

Phone: (608) 266-7826 FAX: (608) 267-3906

Web Page: http://www.wcdd.org

Executive Director: Jennifer Ondrejka E-Mail: Ondrejm@dhfs.state.wi.us

WYOMING

Wyoming Council on DD 122 West 25th Street Herschler Bldg., 1st Floor, West Cheyenne, WY 82002

Phone: (307) 777-7230 TDD: (307) 777-7230

Toll Free: (800) 438-5791 (In-State-Only)

FAX: (307) 777-5690

Web Page: http://ddcouncil.state.wy.us/

Executive Director: Brenda Oswald

E-Mail:boswal@state.wy.us

INCLUSION MODELS AND PROGRAMS

"A Community Inclusion Model: City of Reno" The City of Reno's model of inclusion outlines one way that a parks and recreation department or agency can include people with disabilities in its programs. It is neither a legal document nor a guideline for meeting the requirements of the Americans with Disabilities Act. The model provides information, personal experience, and effective and timely communication that will facilitate a successful, inclusive experience for all. The model provides an overview of the City of Reno's Parks, Recreation and Community Services Department, a history of the addition of an inclusion program and supervisor, examples of the inclusion process and concepts used, and suggestions for duplication. Additional planning and training regarding disability awareness, the ADA, and how to include people with disabilities are recommended.

Andy Fernandez
Inclusion Supervisor
City of Reno, Nevada
Parks, Recreation, and Community Services Department
PO Box 1900
Reno, NV 89505
(775) 326-6316

e-mail: fernandeza@ci.reno.nv.us www.ci.reno.nv.us/gov/

"Annotated Bibliography on Community Integration Third Edition" Edited by Mair Hall and Pam Walker. Refer to the "Recreation and Leisure Opportunities" section for information on inclusive programming. To view these materials, visit the site at www.thechp.syr.edu/abreclei.html.

The Center on Human Policy
Syracuse University
805 South Crouse Avenue
Syracuse, NY 13244-2280
Phone:(315) 443-3851 or 1-800-894-0826
Fax:(315) 443-4338
TTY:(315) 443-4355

Email: thechp@sued.syr.edu

"Courage Center" The mission of Courage Center is to empower people with physical disabilities to reach for their full potential in every aspect of life. We are guided by the vision that one day, all people will live, work, learn and play in a community based on abilities, not disabilities. Courage Center will be a leader and innovator in the disability field with services, expertise, advocacy and partnerships that promote quality of life, independence and community integration for individuals with physical disabilities and their families.

Courage Center 3915 Golden Valley Road Minneapolis, MN 55422 Phone: 763-588-0811 Toll Free: 888-846-8253

www.courage.org

"Inclusion Toolkit" This virtual tool kit provides information, tips, strategies and resources to help create inclusive communities. Inside our site you'll discover what inclusion is all about and how you can make a difference in your community. Whether you are a group, organization, family member, friend or neighbor, your efforts can help make your community a more inclusive and welcome place for all.

Inclusion Toolkit
New Brunswick Association for Community Living
475 Wilsey Road
Fredericton, NB, Canada
E3B 7K1
Phone: 506-458-8866

Fax: 506-452-9791 E-mail: nbacl@nbnet.ca

www.inclusiontoolkit.ca/InclusionToolkit/Default.asp

"Inclusive Recreation" The Mississippi Council invested a significant amount of money, time and other resources in the Recreation Area of Emphasis during the past three years. Dr. Rick Green, Professor at the University of Southern Mississippi, has become "the leader" by developing inclusive recreation models for people with developmental disabilities in community services and supports throughout the state. He taught inclusive recreation strategies to the rapeutic recreators and direct support professionals, during an earlier Council initiative. His "Concept of Inclusion" is expressed as a continuum of levels. Participation in age appropriate, satisfying leisure activities is the first level. Level two is when people make choices and decisions about leisure activities. In level three, participants achieve "flow", whereby their leisure creates immense personal satisfaction. In level four individuals become participating and accepted members of their communities. And finally, in level five individuals become contributing and valued members of their communities. Dr. Green's present Council initiative (Promoting System Changes within Community Park and Recreation Programs) is to develop an inclusive model in a city park and recreation department that can be replicated by other municipal park and recreation services throughout the state and nation. For more information about the Recreation Inclusion initiative funded by the Mississippi Council on Developmental Disabilities, contact Dr. Rick Green at 601-266-5576 or email him at rick.green@usm.edu.

"Kindcare, Inc." Our mission is to provide people with disabilities, their families, caregivers and the public with education, socialization and support programs that encourage community integration and normalization through personalized, professional and volunteer services.

Kindcare, Inc. 1016 Milwaukee Avenue South Milwaukee, WI 53172 Phone: (414) 571-5566

> TTY: (414) 571-9212 Fax: (414) 571-5568 www.kindcare.org

"Non-Competitive Sports League" The Mississippi Council on Developmental Disabilities funded an initiative with the New Hope Center on the Mississippi Gulf Coast to develop a demonstration model for individuals to participate in leisure/recreational activities on a non-competitive basis. The initiative was entitled "Non-Competitive Sports League" (NCLA). The goal of the NCLA was to create and successfully implement an inclusive recreational sports league on the Mississippi Gulf Coast to increase opportunities for individuals with and without disabilities to participate in social interaction and athletic training during recreation. Activities varied from bowling, swimming, soft ball, and other sports league activities chosen by individuals with disabilities, family members, volunteers and support staff. Although this initiative/grant has ended the non-competitive sports league continues. Ms. Tammy Winstead, Coordinator of the project developed a regulations manual for others to follow. A copy of the New Hope Center's Non-Competitive League Association Regulations Manual can be obtained by contacting Mr. Tom Moore, Director.

New Hope Center, Inc. 611 Jackson Avenue Ocean Springs, MS 39564 Phone: (228) 872-2939 Fax: (228) 872-2781 tom@newhopecenter.org

"The Arc Baton Rouge" Everyone needs recreation! Inclusive Recreation helps people with and without disabilities find recreation opportunities. If you are interested in learning about the inclusive recreation activities in the Baton Rouge area, visit our website at www.arcbatonrouge.org/recreation.html.

The Arc Baton Rouge 8326 Kelwood Avenue Baton Rouge, LA 70806 Phone: 225-927-0855

Fax: 225-924-3935 www.arcbatonrouge.org

"The Arc of Midland" The Arc of Midland is a nonprofit organization that promotes the general welfare of people with developmental disabilities and increases their presence, participation, and inclusion in the community. Inclusion is the way to foster relationships that will allow all citizens to be safe, respected community members. "Growing Up Included" is a community program promotes inclusive recreation in whatever activity your child with special needs might want to participate in. We help children with developmental disabilities become successfully included with their peers while having fun in their community.

The Arc of Midland 220 W. Main St. Ste. 101 Midland, MI 48640 Phone: 989-631-4439 Fax: 989-832-5528

arcadmin@thearcofmidland.org

"The Center of Human Policy" The Center on Human Policy (CHP) is a Syracuse University based policy, research, and advocacy organization involved in the national movement to insure the rights of people with disabilities. Since its founding, the Center has been involved in the study and promotion of open settings (inclusive community opportunities) for people with disabilities.

The Center on Human Policy Syracuse University 805 South Crouse Avenue Syracuse, NY 13244-2280 Phone:(315) 443-3851 or 1-800-894-0826 Fax:(315) 443-4338 TTY:(315) 443-4355

Email: thechp@sued.syr.edu

ADVOCACY GROUPS GOVERNMENT AGENCIES NATIONAL ASSOCIATIONS AND RESOURCE WEBSITES

"Allabilities" Allabilities is a comprehensive site of web links that offers information on the following topics: Arts and Entertainment; Business and Economy; Computers and Internet; Health and Wellness; House and Home; News and Media; Shopping; Society and Culture; Sports and Recreation; and Travel and Transportation. The Sports and Recreation link provides information on: Equipment, Handcycling, Organizations, Paralympic Games, Recreation, Skiing, Special Olympics, Tennis, Waterskiing, and Wheelchair Racing. For more information about Allabilities, visit their website at www.allabilities.com.

"Assistivetech.net" Assistive technology (AT) is defined as "devices and aids which can help a person with a disability perform activities that might otherwise be difficult or not be possible." The mission of this site is to provide increased access to information on assistive technology devices and services as well as other community resources for people with disabilities and the general public.

Georgia Tech Center for Assistive Technology and Environmental Access
490 Tenth Street, NW
Atlanta, GA 30332-0156
800-726-9119 (toll-free voice/tty)
404-894-1414 (phone)

E-mail: <u>info@assistivetech.net</u> www.assistivetech.net

"Adminstration on Developmental Disabilities" The Administration on Developmental Disabilities ensures that individuals with developmental disabilities and their families participate in the design of and have access to culturally competent services, supports, and other assistance and opportunities that promotes independence, productivity, and integration and inclusion into the community.

Administration on Developmental Disabilities
Administration for Children and Families
U.S. Department of Health and Human Services
Mail Stop: HHS 405-D
370 L'Enfant Promenade, S.W.
Washington, D.C. 20447

www.acf.hhs.gov

"Canines for Disabled Kids" Canines for Disabled Kids began in 1998 as a natural offshoot of the NEADS assistance dog program. Very few assistance dog programs are willing to provide trained assistance dogs for children under age 12; CDK saw a need and worked to filled it. It was possible to train dogs to help children with autism, children with hearing other physical disabilities and children with disabilities in the classrooms. In an effort to enhance the education and independence of children with disabilities across the USA, we started to sponsor dogs that would work with the child but with the aid of a parent.

Soon, many applications were coming to the program and, since 1998; CDK has sponsored over 50 assistance dogs, dogs that can help children with different disabilities with their parents as facilitators. There is a happy ending when an assistance dog partners with a child, both for the child and the dog. For both, there is a lifetime of companionship, trust, social interaction, and improved independence and confidence. No two partnerships are the same; each is unique and develops as the partners work together building a bond of friendship and support.

Canines for Disabled Kids 299 Redemption Rock Trail South Princeton, MA 01541 Tel: (978) 422-5299 Voice

Tel: (978) 422-9064 TDD (this line will be answered by the NEADS receptionist.)

Fax: (978) 422-3255
E-mail: info@caninesforkids.org
www.caninesforkids.org

"Center for Disabilities and Development" The Iowa Legislature created our organization in 1947, and we first opened our doors in 1948. As the only tertiary program of its kind in Iowa, we are a resource for people of all ages who have disabilities of all kinds. In addition to serving people from Iowa, we are a resource for people from neighboring states and beyond. Our mission is to support the independence, productivity, and community inclusion of people with disabilities in all aspects of their lives.

Center for Disabilities and Development University of Iowa Hospitals and Clinics 100 Hawkins Drive Iowa City, Iowa 52242-1011 877-686-0031 (toll-free, voice) 877-686-0032 (toll-free, TTY) 319-353-6900 (local)

E-mail: CDD-Webmaster@uiowa.edu

"Disability Friends" The goal of this site is to provide a *comprehensive listing* of information, tools and resources for people with medical conditions and disabilities.

www.disabilityfriends.netfirms.com

<u>"Easter Seals"</u> Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for more than 80 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals.

Easter Seals
230 West Monroe Street, Suite 1800
Chicago, IL 60606
312-726-6200 (voice)
312-726-4258 (tty)
312-726-1494 (fax)
800-221-6827 (toll-free)
www.easterseals.com

"International Center for Disability Resources on the Internet" ICDRI's mission is to collect a global knowledge base of quality disability resources and best practices and to provide education, outreach and training based on these core resources. Our overarching vision is the equalization of opportunities for people with disabilities. As an internationally recognized public policy center organized by and for people with disabilities, ICDRI seeks to increase opportunities for people with disabilities by identifying barriers to participation and promoting best practices and universal design of technology for the global community.

The International Center for Disability Resources on the Internet (ICDRI)

Main Office
5212 Covington Bend Drive
Raleigh, NC 27613
919 349 6661
icdri@icdri.org
ICDRI Field Office
1677 Fairwood Ave
San Jose, CA 95125-4939
408-266-3822
www.icdri.org

<u>"Makoa"</u> Jim Lubin is the creator of the Makoa website. The pages of the website are meant to serve as a resource to provide useful information to people with disabilities concerning most all areas of daily living. "Makoa" is a Hawaiian word that means "courageous". This site can now be reached using the shorter URL www.makoa.org.

"National Association of Councils on Developmental Disabilities" NACDD's mission is to provide support and assistance to member Councils in order to promote a consumer and family centered system of services and supports for individuals with developmental disabilities.

NACDD 225 Reinekers Lane, Suite 650-B Alexandria, VA 22314

Phone: 703.739.4400• Fax: 703.739.6030 E-mail Comments or Questions to: <u>info@nacdd.org</u>

www.nacdd.org

"National Benevolent Association" The mission of the National Benevolent Association is to provide social and health services to meet the physical, emotional, mental, and spiritual needs of persons, in the loving and caring spirit of Christ. The National Benevolent Association is a not-for-profit organization (501c3) focusing on touching lives of people in need, helping each individual achieve independence with dignity. Today's programs provide a wide range of services that help people with disabilities to reach their highest potentials and make individualized choices for community living. Persons with mental retardation and developmental disabilities (MR/DD), and persons with physical disabilities, usually need an ongoing network of supports that will help them to reach and maintain their maximum potential. These supports are highly individualized and are based not on any therapeutic regimen but on the types of assistance that will most benefit the resident in becoming as independent and productive as possible. This mission is carried out through community based residential services, competitive employment services and day programs for individuals with mental retardation and other developmental disabilities. For persons with head injuries, NBA River Kourt provides adaptive residential apartments, and works in cooperation with community programs in the best interests of the residents.

National Benevolent Association
Of the Christian Church (Disciples of Christ)
1180 Borman Drive
St. Louis, MO 63146
Phone: 314-993-9000
TTY/TDD: 314-812-1732

E-mail: <u>nba@nbacaers.org</u> www.nbacares.org

"National Center on Accessibility" A collaborative program of Indiana University and the National Park Service, the National Center on Accessibility is the nation's premiere resource promoting access for people with disabilities in recreation. Over the last decade, NCA has played a critical role in increasing awareness of inclusion of people with disabilities in parks, recreation and tourism while advancing the spirit and intent of the Americans with Disabilities Act, Rehabilitation Act and other disability legislation.

Through the comprehensive services of <u>Research</u>, <u>Technical Assistance</u> and <u>Education</u>, NCA focuses on universal design and practical accessibility solutions creating inclusive recreation opportunities for people of all abilities. NCA links the preferences and needs of people with disabilities to those of practitioners designing facilities and planning programs. Since its inception in 1992, professionals such as park superintendents, facility managers, architects and landscape architects, program coordinators, civil engineers, planners, interpreters and exhibit designers, accessibility coordinators, advocates and consumers have drawn on NCA as a valued resource.

National Center on Accessibility 501 North Morton St, Suite 109 Bloomington, IN 47404 Voice: (812) 856-4422 TTY: (812) 856-4421

Fax: (812) 856-4480 Comments: <u>nca@indiana.edu</u> www.ncaonline.org

"The Access Board" The Access Board is an independent Federal agency devoted to accessibility for people with disabilities. It operates with about 30 staff and a governing board of representatives from Federal departments and public members appointed by the President. The Board issued new guidelines that address access to various types of recreation facilities covered by the Americans with Disabilities Act (ADA). These guidelines, which supplement the Board's ADA Accessibility Guidelines (ADAAG), specify access to amusement rides, boating facilities, fishing piers and platforms, golf courses, miniature golf courses, sports facilities, and swimming pools, wading pools, and spas. The guidelines are one of the first of their kind in detailing access to these environments.

The Access Board
1331 F Street, NW, Suite 1000
Washington, DC 20004-1111
(202) 272-0080 (v) (202) 272-0082 (TTY) (202) 272-0081 (fax)
(800) 872-2253 (v) (800) 993-2822 (TTY) phone directory
email: info@access-board.gov email directory
www.access-board.gov

"The Away Network" The Away Network is the leading online provider of information and inspiration about active travel and the outdoor lifestyle. The Away Network's websites—Away.com, GORP.com, GORPtravel.com, and Outside Online offer over 100,000 pages of the Web's best travel content. Collectively the sites have more than 3 million unique users each month and over 2 million registered members. In addition to inspiring editorial content, the Network offers a searchable database of over 2,000 active vacation packages and a full service travel-booking center. For more information about The Away Network, visit their website at www.away.com.

"Winners on Wheels" WOW's mission is to provide an innovative learning environment that promotes academic, social, and emotional development so children in wheelchairs can gain life skill and experiences that will launch them toward productive, independent, and enjoyable lives. WOW believes that by encouraging personal achievement through creative learning and fun, you can develop an individual's self-esteem. People with a healthy self-esteem are happier and more productive. WOW strives to guide each Winner to achieve at his or her own talent and skill level in order to assist each individual in becoming a valuable, contributing citizen.

Winners on Wheels "WOW" www.wowusa.com

LEISURE

"A Touch of Country Vacations" A Touch of Country Vacations was created to fill a desperate need in the recreation services segment for people with special needs. As care providers for twelve years, we were well aware of the limited, affordable, vacation resources. Our experience with all levels of consumers has given us a great deal of insight into what folks are looking for in a vacation. Our facilities were located in a rural, relaxed, country setting. By taking advantage of the scenic natural geography and the activities afforded by the farms, ranches and abundant animals we have provided a vacation experience that is memorable and affordable.

A Touch of Country Vacations P.O.Box 158 Ramona, CA Phone: 800-920-4473

E-mail: <u>triptree@cox.net</u> <u>www.atouchofcountryvac.com</u>

"Access Northern California" Access Northern California (ANC) is a non-profit organization dedicated to facilitating greater access to travel and recreational opportunities in Northern California for people with physical disabilities. ANC provides both informational and educational services to consumers and businesses.

Access Northern California 1427 Grant Street Berkeley, CA 94703 Phone: 510-524-2026

E-mail: <u>info@accessnca.com</u> www.accessnca.com

"Accessible Journeys" Since 1985, wheelchair travel has been our only job. For mature travelers, slow walkers, wheelchair travelers, their families and their friends, Accessible Journeys services include: Accessible Travel Planning, Accessible Group Tours, Accessible Group Cruises, Individual Accessible Cruises, Licensed Travel Companions, and Disability Travel Resources.

Accessible Journeys, Inc. 35 West Sellers Avenue Ridley Park, PA 19078, USA 800-846-4537 - Toll Free 610-521-0339 - locally 610-521-6959 – facsimile

E-mail: <u>sales@disabilitytravel.com</u> www.disabilitytravel.com "American Camping Association" The American Camping Association is a community of camp professionals who, for more than 100 years, have joined together to share our knowledge and experience and to ensure the quality of camp programs. Just as our membership is diverse and our programs distinct, so are the children who come to us to participate in the camp experience. Through what we teach, the opportunities we offer, and the example we set, children become part of a sharing community. As an organization we value the world, the people who live in it, and the contribution each individual can make. These are not separate values, but concentric circles. The values that are important to us as an organization are the same as those we strive to instill in the children we guide. The search tool on their website can be used to find camps that cater to an individual's special needs.

American Camping Association 5000 State Road 67 North Martinsville, IN 46151-7902 Phone: 765-342-8456

Fax: 765-342-2065 www.ACAcamps.org

"Friendship Ventures" Friendship Ventures is a non-profit agency that creates unique educational, recreational and social opportunities for people of all ages with mental retardation and other developmental disabilities. We also offer conference and retreat services and professional team-building programs to the communities we serve.

Friendship Ventures 10509 108th St. NW Annandale, MN 55302 Phone: 952-852-0101 Toll Free: 800-450-8376

E-mail: <u>fv@friendshipventures.org</u> www.friendshipventures.org

"Frommer's" Frommer's want to help you explore your travel destinations the way locals do. Whether you're venturing close to home or across the globe, whether your budget is limited or limitless, we strive to live up to your discerning approach to travel by delivering the most candid and reliable information on our web site and in our guidebooks and products. Frommer's provides an exhaustive list of agencies and organizations that can assist the disabled traveler. For more information about Frommer's, visit their website at www.frommers.com.

"Frontier Travel Camp" Frontier Travel Camp, Inc. was established in 1997 as a summer camp alternative for individuals with special needs. We believe that group travel is an ideal way to experience independence, improve social skills, and increase self-esteem in a secure and exciting environment. Frontier travelers are high functioning individuals ranging in age from 15 to 35 years. They have varying learning disabilities, developmental disabilities, and/or other difficulties requiring more supervision and guidance than the mainstream camper. Frontier Travel Camp has traveled extensively throughout the United States and Canada, including Hawaii and Alaska. We have rafted some of the best rivers in the west, hiked on some of the most beautiful mountain ranges in the world, and explored some of our most interesting cities and national parks.

Frontier Travel Camp, Inc. 1000 Quayside Terrace #904 Miami Shores, FL 33138 866-750-CAMP toll free, 305-895-1123 tel, 305-893-4169 fax www.frontiertravelcamp.com info@frontiertravelcamp.com

"Mobility International USA" Since 1995, MIUSA has served as the National Clearinghouse on Disability and Exchange (NCDE), a project sponsored by the Bureau of Educational and Cultural Affairs of the United States Department of State and managed by MIUSA to: educate people with disabilities and related organizations about international exchange opportunities; increase the participation of people with disabilities in the full range of international volunteer, study, work and research programs; advise international exchange organizations about the Americans with Disabilities Act; and facilitate partnerships between people with disabilities, disability-related organizations and international exchange organizations. NCDE provides conference presentations, collaborative initiatives, publications and resources, and information and referrals to disability and international exchange professionals, and students, volunteers and individuals with disabilities interested in international exchange opportunities.

MIUSA

PO Box 10767 Eugene, Oregon USA 97440 Tel: (541) 343-1284 (Tel/TTY) Fax: (541) 343-6812 www.miusa.org

"National Center on Accessibility" A collaborative program of Indiana University and the National Park Service, the National Center on Accessibility is the nation's premiere resource promoting access for people with disabilities in recreation. Over the last decade, NCA has played a critical role in increasing awareness of inclusion of people with disabilities in parks, recreation and tourism while advancing the spirit and intent of the Americans with Disabilities Act,

Rehabilitation Act and other disability legislation. The National Center on Accessibility is committed to providing educational courses facilitating the inclusion of people with disabilities in recreation, parks, and tourism. NCA offers several educational opportunities throughout the year including open registration courses, distance learning programs and training programs specifically tailored for agencies.

National Center on Accessibility 501 North Morton St, Suite 109 Bloomington, IN 47404 Voice: (812) 856-4422 TTY: (812) 856-4421

Fax: (812) 856-4480 E-mail: nca@indiana.edu www.ncaonline.org

"People and Places" People and Places is a not-for-profit, 501(c)3 organization providing year-round, small group travel, vacation, and respite opportunities for persons with mental retardation and other developmental disabilities. Each year, small, supervised groups of 6 to 8 vacationers and 2 tour escorts travel on nearly 100 vacations to diverse destinations around the world. Since 1975, thousands of participants with special needs and disabilities have experienced the richness of the world around them. Human service professionals experienced with persons with developmental disabilities, bring to each vacation their experience and ability, their personal and professional commitment, and their enthusiasm and fun-loving personality to create safe, enjoyable, and memorable travel experiences for each vacationer.

People and Places
P.O. Box 184
South Wales, New York 14239
Phone: 716-937-1813 or 716-496-8826

Fax: 716-937-1814 or 716-496-8829 E-mail: <u>catalog@people-and-places.org</u> www.people-and-places.org

"Personal Ponies" A unique non-profit organization dedicated to providing children with special needs a tiny Shetland Pony to love and care for-completely without charge. Our mission is to make MAGIC in children's lives, to bring smiles and joy in a most unusual way. We believe (and we've seen it happen over and over again!) that the lives of children with special needs are immeasurably enriched by having a small equine companion to love and care for--so this is what we do! Our ponies are uniquely suited in temperament and size to small children,

and we provide them to families completely without charge--our version of the Velveteen Rabbit.

November 1 – April 30 May 1 – October 31 Personal Ponies- The Legends Personal Ponies

Marianne Alexander, National Director
220 President's Cup Way #101
St. Augustine Beach, FL 32092
Marianne Alexander, Nat. Dir.
1638 Housatonic Street
Pittsfield, MA 01201

904-940-7347 413-499-1934

"Society for Accessible Travel & Hospitality" The Society for Accessible Travel & Hospitality (SATH), founded in 1976, is an educational nonprofit membership organization whose mission is to raise awareness of the needs of all travelers with disabilities, remove physical and attitudinal barriers to free access and expand travel opportunities in the United States and abroad. Members include travel professionals, consumers with disabilities and other individuals and corporations who support our mission.

SATH (Society for Accessible Travel & Hospitality) 347 Fifth Ave, Suite 610 New York, NY 10016 Tel: 212-447-7284

> Fax: 212-725-8253 E-mail: <u>sathtravel@aol.com</u> www.sath.org

"The Guided Tour, Inc." Since 1972, thousands of men and women with developmental and physical challenges from all over the world have achieved greater independence through the travel experiences provided by The Guided Tour, Inc. The Guided Tour is a very special program that offers opportunities for personal growth, recreation and socialization through travel.

The Guided Tour, Inc. 7900 Old York Rd. Suite 114-B Elkins Park, PA 19027-2339 Phone: 215-782-1370 Toll Free: 800-783-5841

Fax: 215-635-2637 E-mail: gtour400@aol.com www.guidedtour.com "Toy Library & Technology Learning Center" The Toy Library & Technology Learning Center (TLC), located on The University of Southern Mississippi Gulf Coast campus, loans assistive technology adapted recreational equipment to children and adults with developmental disabilities and related disabilities. Persons visiting the area may borrow the equipment which includes beach and all-terrain sport wheelchairs, kayaks, hand cycles, self-casting fishing gear, life jackets designed for accessibility, etc. New services and equipment are added continually to the library. TLC will teach any person with a disability how to use this equipment including accessible computer technology and software. For families who have a family member with a disability and are vacationing on the Mississippi Gulf Coast our mission is to provide assistance and support to make your leisure time as fun and meaningful as possible. If bowling is your interest, we have adaptive bowling equipment. For those who golf, we even have an adaptive golf cart. Free wheelchair tennis, table tennis, and basketball lessons are offered as well as offshore fishing access. For more information contact the Director, Dr. Sara Jackson or members of her staff.

TLC

The University of Southern Mississippi Gulf Coast
Gulf Park Campus
730 East Beach Blvd.
Long Beach, MS 39560

Phone: 228-867-2636 www.usm.edu/tlc

"Tulip Travel, Inc." Tulip Travel, Inc. is a vacation and travel tour company providing travel opportunities for people with developmental disabilities and mobility impairments. We believe that all individuals can benefit from well-planned travel and vacations. We plan tour packages to the most popular vacation destinations in the United States and abroad providing travel escorts that will help make the trip a successful one.

Tulip Travel, Inc. 911 Old Liverpool Road Liverpool, NY 13088 Toll free: (800) 461-9798 Telephone: (315) 461-4852

Fax: (315) 461-9351
Email: info@tulip-travel.com
www.tulip-travel.com

"YWCA of the City of New York" The YWCA-NYC's mission is to address those concerns through our amazing array of programs and services for people of all ages, abilities, and economic background. Since 1858, the YWCA-NYC has been a pioneer for social change through innovative programs that improve the lives of the women, girls, and families on New York City. The YW serves New Yorkers with a wide variety of programs including: employment training for women and dislocated workers, girls'

leadership development, networking for youth with disabilities and fitness and arts programs.

In conjunction with the YWCA-NYC, the Angela Perez Center for People with Disabilities assists young people with disabilities to live the most independent lives possible by encouraging independence such as travel and employment skills training, encouraging knowledge by providing guest speakers on critical topics and computer literacy, and by encouraging peer-group interaction.

The YWCA-NYC is pleased to present the *Recipe for Fun: A Guide for Creating Inclusive Recreational Programs* and its recent supplement, *Integrated Summer Camp: Creating an Inclusive Environment*. These guidebooks, created to assist program managers, staff and administrators, share ideas, experiences and information helpful in making recreation programs more inclusive to young people with disabilities.

YWCA-NYC 610 Lexington Avenue New York, NY 10022 212-755-4500 info@ywcanyc.org www.wycanyc.org

RECREATION AND SPORTS

Recreation and Sports related resources that offer a vast array of CHOICES for people with disabilities. Most of these organization's websites also contain links to other related sites that may be useful to your search.

"Access to Recreation" MAGAZINE Offering Adaptive Recreation Equipment for the Physically Challenged.

Access to Recreation 8 Sandra Court Newbury Park, CA 91320-4302 Toll Free: 800-634-4351 Phone: 805-498-7535 dkrebs@gte.net

"Access to Sailing" Access to Sailing provides therapeutic rehabilitation to disabled and disadvantaged children and adults, through interactive sailing outings. Children and adults with disabilities often experience feelings of helplessness and depression, which inhibit their rehabilitation. ATS outings provide an empowering experience of life outside this cycle-- an experience of moving beyond limitations. Participants are given the opportunity to regain vital confidence and self-reliance by helping sail the boat, to the degree their disability allows.

Access to Sailing
6475 East Pacific Coast Highway
Long Beach, CA 90803
Phone (562) 433-0561
email: info@accesstosailing.org
www.access2sailing.org

"Active Living" MAGAZINE Active Living Magazine Challenges Attitudes, Inspires Activity and Uplifts the Human Spirit. Promoting healthy lifestyles for today's amputees.

DT Publishing/Active Living Magazine PO Box 2660 Niagara Falls, NY 14302 tel: 905-957-6016

fax: 905-957-6017 activeliv@aol.com

"American Canoe Association" The mission of the American Canoe Association (ACA) is to promote the health, social and personal benefits of canoeing, kayaking and rafting and to serve the needs of all paddlers for safe, enjoyable and quality paddling opportunities.

American Canoe Association 7432 Alban Station Blvd. Suite B-232 Springfield, VA 22150 Phone: 703-451-0141 www.acanet.org

"American Wheelchair Bowling Association" The American Wheelchair Bowling Association (AWBA) is a non-profit organization, composed of wheelchair bowlers, dedicated to encouraging, developing, and regulating wheelchair bowling and wheelchair bowling leagues. The A.W.B.A. serves wheelchair bowling just as the American Bowling Congress (ABC) and the Women's International Bowling Congress (WIBC) serves ablebodied bowlers. The A.W.B.A. does not break up existing leagues and organizations, but serves to strengthen clubs and leagues that are already formed. We help independent bowlers to start new leagues. It strives to help all wheelchair bowlers on any problem that confronts them.

AWBA 2912 Country Woods Lane Palm Harbor, FL 34683 Phone: 727-734-0023 www.awb.org

"American Wheelchair Table Tennis Association" For information about the American Wheelchair Table Tennis Association, contact Jennifer Johnson@yahoo.com.

American Wheelchair Table Tennis Association

23 Park Street

Port Chester, NY 10573

Phone: 914-937-3932

"Administration on Developmental Disabilities" The Administration on Developmental Disabilities ensures that individuals with developmental disabilities and their families participate in the design of and have access to culturally competent services, supports, and other assistance and opportunities that promotes independence, productivity, and integration and inclusion into the community.

Administration on Developmental Disabilities Administration for Children and Families U.S. Department of Health and Human Services Mail Stop: HHS 405-D 370 L'Enfant Promenade, S.W. Washington, D.C. 20447 www.acf.hhs.gov

"Bay Area Outreach & Recreation Program" BORP was founded in 1976 by people with disabilities to create access to the outdoors, to fitness, to sports, and to recreation for a population who'd been left out. BORP offers a number of competitive sports programs, as well as outdoor adventures, family outings, and integrated cycling.

BORF

830 Bancroft Way, Suite 205 Berkeley, CA 94710 Office: 510-849-4663 Fax: 510-849-4616

E-mail: <u>info@borp.org</u> www.borp.org

"Buckmasters American Deer Foundation" BADF Disabled Services uses its combined resources to locate and organize opportunities for people with physical disabilities. Hunts are organized on private lands and with commercial outfitters. We also offer substantial support at state and local levels through established BADF chapters. Grants of equipment and hunting scholarships are also available to qualified persons with disabilities.

David Sullivan, Disabled Services Director Phone: 205.366.8415 dsullivan@buckmasters.com

"C.A.S.T. for Kids Foundation" Catch a Special Thrill The C.A.S.T. for Kids Foundation was formed in 1991 to join volunteers who love to fish with disabled and disadvantaged children for a day of fishing in the outdoors.

C.A.S.T. for Kids Foundation

www.castforkids.org

Western Region

Jim Owens- Executive Director

227 S.W. 41st Street

Renton, WA 98055 Phone: 425-251-3214

E-mail: jim@castforkids.org

Southern Region

Art Pasley

1529 Sunview Drive

Dallas, TX 75253

Phone: 972-913-2933 E-mail: art@castforkids.org "Canadian Wheelchair Basketball Association" The CWBA is committed to providing opportunities for athletes with a disability to participate in a fully integrated sport program at the level they choose. It promotes growth at the initiation, developmental, competitive and elite levels, and offers programs for youth, women, and men. The CWBA believes that inclusion is fundamental to achieving equity and access in sport and therefore promotes the "sport for all" concept, encouraging athletes with a disability and able-bodied athletes to compete together on the same basketball court within a classification system.

Wendy Gittens, Executive Director

wendy@cwba.ca

2211 Riverside Drive

Suite B2

Ottawa, ON K1H7X5

Phone: 613-260-1296

www.cwba.ca

<u>"Disabled Hunters of North America"</u> "We enjoy sharing the outdoors with those who have no means to access the outdoors due to injury or physical limitations." ~Norm Sauceman, President and Founder of the DHNA. <u>www.dhna.org/index.html</u>

"Disabled Sailing Association" The Disabled Sailing Association is an independent, charitable society dedicated to enriching the lives of people with significant disabilities through leisure and competitive sailing. Booking for regular sails as well as race and regatta participation and special training courses can be made by telephone at 604-222-3003 or by email to dsasummer@disbailityfoundation.org. Our summer offices are open from June through August. Jericho Sailing Centre, 1300 Discovery Street, Vancouver BC, Canada. During the off season please contact DSA's head office at 604-214-0684.

"Disabled Sports USA" A national nonprofit, 501(c)(3), organization established in 1967 by disabled Vietnam veterans to serve the war injured. DS/USA now offers nationwide sports rehabilitation programs to anyone with a permanent physical disability. Activities include winter skiing, water sports, summer and winter competitions, fitness and special sports events. Participants include those with visual impairments, amputations, spinal cord injury, dwarfism, multiple sclerosis, head injury, cerebral palsy, and other neuromuscular and orthopedic conditions.

Disabled Sports USA 451 Hungerford Drive, Ste. 100 Rockville, MD 20850 Phone: 301-217-0960 www.dsusa.org "Dream Catchers, USA" Making "Outdoor Dreams" and wishes come true for people with disabilities and the terminally ill. Simply stated, Dream Catchers, USA is a helping hand to allow special individuals to get out into the great outdoors, to live their dreams, and meet the challenges placed before them ...to live as full a life possible. These outdoor "dreams" will include fishing trips, hunting trips, shooting competitions, demonstrations, and other outdoor adventures.

Dream Catchers, USA
President / CEO - Nancy J. Copeland
P.O. Box 701; Killen, AL. 35645
Phone: 256-757-5477

Fax: 256-757-7925

E-mail: <u>DreamCatcherMail@aol.com</u>

"Freedom's Wings International" Freedom's Wings International is a non-profit organization run by and for people with physical disabilities. We provide the opportunity for those who are physically challenged to fly in specially adapted sailplanes, either as a passenger or as a member of the flight training program.

P.O. Box 7076
East Brunswick, NJ 08816
Phone: 732-432-8342
Toll Free: 800382-1197
www.freedomswings.org

"GORP" GORP provides comprehensive information recommendations about National Parks. GORP.com is your encyclopedic resource for outdoor recreation—hiking, biking, rafting, camping, fishing, and more. With information on attractions, outdoor gear, adventure travel, and national parks and wilderness areas, GORP.com is the web's best place to start your journey into the great outdoors. For more information about GORP, visit their website at www.gorp.com.

"Handicapped Scuba Associaiton – H.S.A." The HSA was founded in 1981 by Jim Gatacre and is now the world's leading authority on recreational diving for people with disabilities. Headquartered in California, HSA INTERNATIONAL extends its underwater educational programs worldwide. We operate as an independent diver training and certifying agency. Our prestigious diver education programs and Instructor Training Course (ITC) are internationally recognized and unequaled by any other programs in the industry. These programs were developed in conjunction with two major certifying agencies, PADI and NAUI. Our specially trained Instructors form a worldwide network of over 2000 HSA Instructors located in 45 countries.

HSA International 1104 El Prado San Clemente, CA 92672-4637 Voice: +949-498-4540

E-mail: <u>hsa@hsascuba.com</u> www.hsascuba.com

"Hartford Ski Spectacular" The annual rendition of The Hartford Ski Spectacular in Breckenridge, CO is the nation's largest winter sports festival for people with physical disabilities. This national adaptive ski academy held annually at The Hartford Ski Spectacular is sanctioned by The Professional Ski Instructors of America to train professionals in the methods and equipment that allow children and adults with physical disabilities to access winter sports.

Executive Director, Kirk Bauer Phone: 301-217-9838 <u>KBauer@dsusa.org</u> Operations/Program Services Manager, Kathy Celo Phone: 724-265-2546 <u>KCelo@dsusa.org</u>.

"Hunt of a Lifetime" "Hunt Of A Lifetime" is a nonprofit organization with a mission to grant hunting & fishing adventures and dreams for children, age 21 and under, who have been diagnosed with life threatening illnesses. We are doing what we can to make a difference in their life, a dream come true.

Phone: 866-345-4455 www.huntofalifetime.org

"International Tennis Federation - Wheelchair Tennis Department" The

International Tennis Federation (ITF) is the governing body of tennis, one of the few truly global sports. It is the ITF's objective to promote and develop the game of tennis to make it a truly global sport available to all in a non-racial, non-political form and to preserve the integrity and independence of tennis as a sport.

The International Tennis Federation

Bank Lane

Roehampton

London

SW15 5XZ

United Kingdom

Telephone: +44 (0)20 8878 6464 Fax: +44 (0)20 8392 4744 www.itftennis.com wheelchairtennis@itftennis.com

"International Wheelchair Aviators" Although IWA began in 1972 as just a monthly "fly to lunch" group of four paraplegic aviators from the Southern California area, it has developed into a worldwide group of disabled and able bodied (A/B) pilots interested in

aviation and flying. Members have many different disabilities including paraplegia, quadriplegia, amputee, multiple sclerosis, spina bifida, polio and other problems. Through their hard work and persistence and with the help of a tolerant FAA medical system, hundreds have been given the opportunity to fly, many to resume flying careers and others to fly for the first time.

International Wheelchair Aviators P.O. Box 2799 Big Bear City, CA 92314 Phone: (909) 585-9663 Fax: (909) 585-7156

E-mail: <u>IWAviators@aol.com</u>

"International Wheelchair Basketball Foundation" IWBF is in the business of developing and supporting the sport of wheelchair basketball in all countries worldwide. We promote, supervise, and direct the sport of wheelchair basketball throughout the world. For more information about IWBF, visit their website at www.iwbf.org.

"National Amputee Golf Association" Incorporated in 1954, NAGA was comprised of a small group of amputee golfers who played friendly games that quickly developed into regional tournament play in various cities across the United States. Today NAGA has over 2500 members worldwide.

NAGA 11 Walnut Hill Road Amherst, NH 03031 E-mail: infor@nagagolf.org

"National Disability Sports Alliance" The National Disability Sports Alliance (NDSA) is the National Coordinating Body for competitive sports for individuals with cerebral palsy, traumatic brain injuries and survivors of stroke. NDSA was originally formed as the United States Cerebral Palsy Athletic Association (USCPAA) in 1987. NDSA also provides programming for other physically disabling conditions such as muscular dystrophy and multiple sclerosis.

NDSA National Office 25 West Independence Way Kingston, RI 02882 Phone (401) 792-7130 FAX (401) 792-7132 info@ndsaonline.org www.ndsaonline.org "National Wheelchair Poolplayers Association" Pool has become a popular sport with men and women around the world, but even more so for hundreds of physically challenged players. Age and disability may limit one's ability to be competitive with in other sports. Not so with pool, in fact some of the top players in the USA are quadriplegics. The NWPA has worked together with other groups, organizations, and tournaments to update rules to include wheelchair players. It is estimated that there are hundreds, if not thousands of wheelchair players around the world. Should you have any questions regarding the NWPA, and would like to receive information about becoming a member or sponsor, please contact the NWPA office at:

Phone: 714-636-3371 Toll Free: 866-636-3371 NWPA 9651 Halekulani Drive Garden Grove, CA 92841-4911 www.nwpainc.com

"National Wheelchair Softball Association" In 1976, the National Wheelchair Softball Association (NWSA) was founded and serves as the governing body for wheelchair softball in the United States. The game is played under the official rules of the 16-inch slow pitch softball as approved by the Amateur Softball Association of America with some exceptions geared toward the wheelchair user. Teams throughout America compete on a regular basis and hosts several tournaments throughout the summer. The NWSA hosts a national wheelchair softball tournament annually.

National Wheelchair Softball Association 1616 Todd Court Hastings, MN 55033 Phone: 651-437-1792 www.wheelchairsoftball.com

"North American Riding for the Handicapped Association" NARHA is a membership organization that fosters safe, professional, ethical and therapeutic equine activities through education, communication, standards and research for people with and without disabilities. The North American Riding for the Handicapped Association (NARHA) promotes equine facilitated therapy and activity programs in the United States and Canada.

NARHA
P.O. Box 33150
Denver, CO 80233
Phone: 800-369-RIDE (7433)
www.narha.org

"NRA Disabled Shooting" Shooting is one of the finest and most versatile sports available to us. It's one of the few sports that don't limit participation.

National Rifle Association Disabled Services Dept. 11250 Waples Mill Rd. Fairfax, VA 22030

www.nrahq.org/compete/disabled.asp

"Outdoor Buddies, Inc." Launched in 1986, Outdoor Buddies is a non-profit organization, relying on volunteer hunters and anglers who help the disabled and youths enjoy the best of what Colorado's natural resources have to offer. For the physically disabled, the program gives them a chance to take part in outdoor adventures some thought they'd never be able to do again.

Outdoor Buddies, Inc. P.O. Box 37283 Denver CO 80237 (303) 771-8216

E-mail: www.outbud.freeervers.com

"Physical Difference" Specializing in Outdoor Adventure for People with Disabilities. Offering a choice of adventure programs that will challenge your existing notions of what is achievable including canoeing, sailing, archery, bushwalking, ropes course, rock climbing, and much more.

Physical Difference PO Box 135 Monavale NSW 1660 Phone: (02) 9979 2582 Mobile: 0427 007 284

E-Mail: kent@vertical.com.au

"PVA – Paralyzed Veterans of America" The Paralyzed Veterans of America, a congressionally chartered veterans service organization founded in 1946, has developed a unique expertise on a wide variety of issues involving the special needs of our members— veterans of the armed forces who have experienced spinal cord injury or dysfunction. PVA supports the following programs: National Veterans Wheelchair Games, PVA National Bass Tour, PVA National Trapshoot Circuit, National Wheelchair Tennis Camp, American Wheelchair Bowling Association, Disabled Sports USA, and Trail Explorer. PVA Chapters around the country provide detailed information about local activities and events. For more information about PVA and the programs listed visit their website at www.pva.org.

<u>"Sailing Web"</u> Options for sailors with disabilities. Register your Accessible Sailing Club or view other existing clubs around the world. <u>www.footeprint.com/sailingweb/</u>

"Scuba Trust" The Scuba Trust is a non-profit charity created to promote diving for all abilities. It was founded in 1996 by Brenda Carey, Leon Golding and Rikki Singh, with the initial aim of acting as a focal point for the organization of scuba diving holidays abroad for people with disabilities. We have now grown into one of the UK's leading dive organizations and help individuals with disabilities (and their friends) learn to scuba dive. For more information about Scuba Trust, visit their website at www.scubatrust.org.uk.

<u>"Ski for Light, Inc."</u> This is a program of cross-country skiing benefiting blind, visually-impaired, and mobility-impaired individuals and their guides. For more information, visit their website at www.sfl.org.

"SKIFORALL Foundation" Mission: To improve the quality of life for people with disabilities by providing opportunities to participate in year round outdoor recreational activities through education and training. Activities are designed to include people with disabilities in typical Pacific Northwest outdoor activities and to promote education, independence, socialization, exposure to adaptive equipment and techniques, and, of course - to have lots of fun! SKIFORALL offers On Snow Programs, Off Snow Programs, and Custom Events. For more information about SKIFORALL, visit their web-site at www.skiforall.org.

"Sports 'N Spokes" MAGAZINE The Magazine for Wheelchair Sports and Recreation.

PVA Publications / SPORTS 'N SPOKES

2111 East Highland Avenue

Suite 180 Phoenix, AZ 85016 Toll Free: 888-888-2201 Phone: 602-224-0500

www.pva.org/sns E-mail: snsmagaz@aol.com

"The Alliance for Disabled Sportsmen Rights" The Alliance, a non-profit, grassroots organization was established to coordinate the ongoing efforts of disabled individuals working to achieve equal access to all hunting, fishing and outdoor recreation opportunities where disabled people are not presently being given the full access opportunities they deserve to participate in government programs in the outdoors while recreating within the United States. For more information e-mail the Coalition at Tom@disabledrights.org.

<u>"The Disabled Sportsmen of America"</u> Through camaraderie and compassion the Disabled Sportsmen of America will assist the disabled and terminally ill, with adaptive equipment and opportunities to enjoy the great outdoors.

Todd Smelser, Founder
bohunter2001@yahoo.com
Matt Blackmon, Special Events Coordinator
<a href="mailto:smillo:sm

"The Last Frontiersman" One of the last great salmon, trout, and wildlife viewing rivers left unspoiled in South-Central Alaska. *The Boat*- There are two ramps to board and exit the boat; a 5-foot ramp made of custom diamond plate aluminum to load from dock to boat; and a 7-foot ramp with wheel-grabbing teeth to access from the top of the cabin to the working deck of the boat. Standard seats come out to make room for up to six wheelchairs, complete with tie-downs.

Dan McDowell 907-232-8057

E-mail: dan@lastfrontiersman.com

<u>"Tranquil Adventures"</u> Offering wheelchair accessible deep-sea fishing charters in the Florida Keys.

Tranquil Adventures 225 Upper Matecumbe RD. Key Largo Florida 33037 305-451-2102 866-451-2102

E-mail: info@tranquiadventures.com

"Turning POINT" Paraplegics On Independent Nature Trips The mission of the Turning P.O.I.N.T. Team Challenge is to display the skills of the top physically challenged anglers in the country for the purpose of promoting the acceptance and independence of the disabled, as well as teaching newly injured individuals the process of how one can rejoin America's great outdoors.

Turning P.O.I.N.T. 403 Pacific Ave. Terrell, Texas 75160 Voice/Fax: 972-551-4231 www.turningpoint1.com

"United Foundation for Disabled Archers" If you are a physically challenged archer looking for a unique bow hunting adventure, the United Foundation For Disabled Archers (UFFDA) has the opportunity you have been searching for. Each year UFFDA sponsors bow hunts at various locations across America.

Contact Dan Hendricks dhendricks@hunting.net P.O. Box 251 20 NE 9th Ave. Glenwood, MN 65334 (320) 634-3660

"<u>United States Rowing Associaiton</u>" USRowing is a nonprofit membership organization recognized by the United States Olympic Committee as the national governing body for the sport of rowing in the United States. USRowing selects trains and manages the teams that represent the U.S. in international competition, including the World Championships, Pan American Games and Olympics. More than 14,000 individuals and 900 organizations strong, USRowing serves and promotes the sport on all levels of competition. USRowing membership reflects the spectrum of American rowers – juniors, collegians, masters and those who row for recreation, competition or fitness.

USRowing 201 S. Capitol Ave., Suite 400 Indianapolis, IN 46225 Phone: 317-237-5643 www.usrowing.org

"United Special Sportsmen Alliance" United Special Sportsmen Alliance [U.S.S.A.] is a non-profit Christian organization that routinely coordinates with other caring organizations worldwide in fulfilling a dream wish for children and adults with disabilities or who are terminally ill. Working with deer, elk, turkey, bear, pheasant farms, and property owners as well as, preserves and ranches has made our hunting, fishing trips and outdoor adventures known nationwide.

United Special Sportsmen Alliance 7864 Shotwell Road Pittsville, WI 54466 Phone: 715-884-2256 Toll Free: 800-518-8019

E-mail: biotec@tds.net

"United States Golf Association" The U.S.G.A. has served as the national governing body of golf for the U.S., its territories and Mexico since its formation in 1894. It's a non-profit organization run by golfers for the benefit for golfers. The U.S.G.A. website has a description of the modification to the rules for golfers with disabilities. The modifications are intended to provide a means by which golfers with disabilities may play equitably with able-bodied golfers or other golfers with disabilities. For more information about the U.S.G.A., visit their website at www.usga.org.

"United States Handcycling Federation" The USHF provides opportunities and information for anyone who is interested in becoming involved with handcycling, from the novice to the trained athlete. Their website is filled with information about handcycling clubs, clinics, events, and other related information.

USHF 721 N. Taft Road Ft. Collins, CO 80521 www.ushf.org

"United States Quad Rugby Association" Quad Rugby, or wheelchair rugby as it is also called, is a sport with roots going back to wheelchair basketball and ice hockey, which is not surprising, since it was developed by three Canadians from Winnipeg, Manitoba as a quadriplegic equivalent to wheelchair basketball. The sport was originally called murderball due to the aggressive nature of the game. It was introduced in the United States in 1981 by Brad Mikkelsen, who with the aid of the University of North Dakota's Disabled Student Service's, formed the first team, the Wallbangers, and changed the game's name from murderball to quad rugby.

USQRA
5861 White Cypress Drive
Lake Worth, Florida 33467-6230
Phone: (561) 964-1712
www.quadrugby.com

"United States Sled Hockey Association" Sled hockey is the fast, exciting, rumble-tumble version of ice hockey played primarily by people with mobility disabilities. The game is essentially the same as any "stand-up" ice hockey game with the major difference being that all of the players sit in a sled which is attached to two hockey skate blades under the seat. Hard checking, raised puck shooting, and penalty killing are as much a part of sled hockey as they are in "stand-up" hockey.

Joe Lambert
President
2236 E. 46th St.
Davenport, IA 52807
(H) 563-344-9064
(W) 309-762-7716
www.sledhickey.org
info@sledhockey.org

"United States Tennis Association" The USTA actively seeks all people who play, watch, support, and/or enjoy the game of tennis into its events, programs, membership, leadership, and activities on a non-discriminatory basis. For more information, visit their website at www.usta.org.

"Universal Wheelchair Football Association" Wheelchair football is played weekly throughout the year at locations in Ohio and Kentucky. Players with any type of disability are invited to participate, as well as non-disabled individuals. A good time is guaranteed for everyone.

University of Cincinnati Raymond Walters College John Kraimer / Disability Services 9555 Plainfield Road Cincinnati, OH 45236-1096 513-792-8625 TTY: 513-745-8300

Email: John.Kraimer@UC.Edu

"Water Skiers with Disabilities Assocation" USA Water Ski is the National Governing Body for organized water skiing in the United States. USA Water Ski is a member of the International Water Ski Federation (World Governing Body), the Pan American Sports Organization and the United States Olympic Committee. Affiliated with USA Water Ski as sport divisions are the American Water Ski Association, American Barefoot Club, American Kneeboard Association, National Collegiate Water Ski Association, National Show Ski Association, National Water Ski Racing Association, American Wakeboard Association and Water Skiers with Disabilities Association. Water skiing has been adapted so that disabled athletes can participate and compete. Disabled water ski tournaments include slalom, tricks and jumping events in men and women divisions for blind individuals, multiplegics and leg and arm amputees.

Steve McDermeit – Executive Director Email: smcdermeit@usawaterski.org 1251 Holy Cow Road Polk City, Florida 33868 Phone: 863-324-4341

> Toll Free: 800-533-2972 www.usawaterski.org

"Wheelchair Sports, U.S.A." From its earliest beginnings to the present day, Wheelchair Sports, USA, has been directed and developed by wheelchair athletes and wheelchair sports enthusiasts themselves, individuals with a first-hand understanding to the values of participation. Wheelchair Sports, USA, has remained essentially an all-volunteer organization, drawing on the energy and commitment of the people who also benefit from its programs. They provide information and opportunities in the areas of Archery, Athletics, Shooting, Swimming, Table Tennis, Weightlifting, and the Paralympics.

Wheelchair Sports, USA 1668 320th Way Earlham, IA 50072 Office Phone/Fax: 515-833-2450 Email: wsusa@aol.com www.wsusa.org

"Wheelin Sportsmen – NWTF" Wheelin' Sportsmen NWTF is dedicated to providing people with disabilities, including disabled hunters, disabled anglers and other outdoor enthusiasts, the opportunity to participate in outdoor activities. By visiting their website you can access the field staff representatives in your respective state.

www.wheelinsportsmen.org

"World T.E.A.M. Sports" World T.E.A.M. Sports brings individuals with and without disabilities together to undertake unique athletic events throughout the world to encourage, promote, and develop opportunities in sports for all people. Our team oriented athletic events coupled with medical and educational outreach programs stimulate the power of learning through participation.

> World T.E.A.M. Sports **Brighton Landing East** 20 Guest Street, Suite 450 Brighton, MA 02135 Phone: 617-779-0300 info@worldteamsports.org

www.worldteamsports.org

DISCLAIMER

The information in this document has been gathered and compiled by a research consultant working for the Mississippi Council on Developmental Disabilities. The Research Consultant and the Mississippi Council on Developmental Disabilities (MSCDD) collaborated on this project through funding from the Administration on Developmental Disabilities (ADD) and the National Association of Councils on Developmental Disabilities (NACDD).

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